



31.1.25

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|  | Hawthorn Community Primary School <i>The Hawthorn Herald</i> |  |
| Website: hawthornprimarykettering.co.uk | |  |
| Head Teacher: Emma Jacox Email: head@hawthorn.pfschools.org.uk | | @hawthornpri |
| | | Tel: 01536 512204 |

Dear Parents and Carers,

KS1 to Sacrewell Farm

On Thursday, KS1 will be visiting Sacrewell Farm to explore the farm environment and look at the animals that are found on a farm. The children should wear comfortable clothing (jogging bottoms school jumper) waterproof coat and sensible footwear such trainers or wellies. The coach will leave school just after morning registration and should return to school by the end of the school day.

Hoola Hoop Challenge

On Friday, we will be holding our first whole school house challenge: the Hoola Hoop Challenge! The children will have the opportunity to practise their hoola hooping during the day and then in the afternoon we will be holding the house finals. Good luck everyone!!

EYFS to West Lodge Farm

On Wednesday Early Years visited West Lodge Farm for their Spring trip. The children had a wonderful time exploring the farm and learning about the animals they encountered. The children also had chance to play in the indoor and outdoor play areas and had a trip on the barrel ride. It was a long, muddy walk to the troll bridge but all the children persevered and

had fun running along the grass. They also had a great time trip-trapping over the bridge and even saw a baby, middle-sized and big Billy goat! Well done Cherries and Apples, you were very well behaved and really demonstrated our Hawthorn values of respect and resilience!

Archery Competition

Yesterday several of our Y5/6 children represented Hawthorn at the Northamptonshire Sport Inclusive Archery event. Hawthorn came 3rd in the event, but more importantly, had a brilliant time and demonstrated fantastic sportsmanship! Well done everyone!

Break the Rules Day

Thank you to the Friends of Hawthorn for arranging a brilliant Break the Rules day last week. We raised £260.50 for school funds.

Have a lovely weekend.

Best wishes

Emma Jacox

Head Teacher

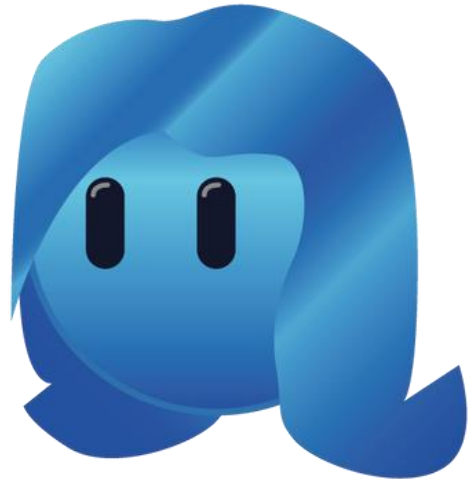


1 - EYFS at West Lodge Farm





House Points so far...



Click on the cards below to see which house is in the lead so far!!

Fire - 307 points

Earth - 329 points

Air - 338 points

Water - 345 points!!!

Well done Water, in the lead so far with 345 points!! It will be interesting to see how the scores look after our house Hoola Hoop Challenge next Friday!!

Spring Term Sports Clubs

EcoCoach, our fabulous sports providers, are delighted to share the launch of two fantastic new clubs next term, based on parent feedback. These are:

KS1 Adventure Club



- ***When:*** Wednesdays, starting 8th January 2025
 - ***Time:*** 3:30 PM - 4:30 PM
 - ***Year Groups:*** Reception, Year 1 & Year 2
 - ***Focus:*** Fun-filled adventure activities tailored to younger children, blending teamwork, creativity, and active play.
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KS2 Dance & Gymnastics Club

- ***When:*** Tuesdays, starting 7th January 2025
 - ***Time:*** 3:30 PM - 4:30 PM
 - ***Year Groups:*** Years 3 - 6
 - ***Focus:*** A perfect mix of dance and gymnastics, helping children build confidence, coordination, and a love for movement.
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Key Information

 **Cost per session:** £5 (General Admission) or £3.50 for Pupil Premium.

 **Booking Link:** <https://bookwhen.com/ecocoach>  **Capacity:** Limited to 20 children per session, with 5 spaces reserved for FSM children. If these spots remain unfilled, they will be offered to those on the waiting list.

Parents can book individual sessions or the whole term, and places will be allocated on a first-come, first-served basis.

We're excited to offer these engaging opportunities for your children to stay active, develop skills, and have lots of fun next term. Should you have any questions or require assistance, feel free to contact us at greenteam@eco-coach.co.uk.

We can't wait to see your children in the clubs and look forward to a term filled with sports, teamwork, and excitement!



AFTER-SCHOOL ACTIVITY CLUBS AT HAWTHORN PRIMARY SCHOOL



ECOCOACH PE SOLUTIONS are excited to announce the launch of our new after-school sports clubs for KS1 (including Reception class) and KS2 children, offering an engaging and fun-filled opportunity to develop new skills, stay active, and make new friends!

KS1 ADVENTURE CLUB: STARTS: 8TH JANUARY 2025 (WEDNESDAYS, 6 SESSIONS) YEAR GROUPS: RECEPTION, YEAR 1 & YEAR 2

KS2 DANCE & GYMNASTICS CLUB: STARTS: 7TH JANUARY 2025 (TUESDAYS, 6 SESSIONS) YEAR GROUPS: YEARS 3 - 6

⌚ TIME: 3:30 PM - 4:30 PM 📄 COST PER SESSION: £5 GENERAL ADMISSION £3.50 FOR FSM CHILDREN (MUST BE VERIFIED BY SCHOOL).

HOW TO BOOK: PARENTS CAN CHOOSE TO BOOK INDIVIDUAL SESSIONS OR THE WHOLE TERM.

THE MAXIMUM CAPACITY IS 20 CHILDREN PER SESSION, AND 5 SPOTS ARE RESERVED FOR FSM CHILDREN.

IF THESE SPOTS ARE NOT FILLED, THOSE ON THE WAITING LIST WILL BE OFFERED PLACES. IF THERE'S HIGH DEMAND, WE WILL CONSIDER ADDING AN ADDITIONAL COACH TO ACCOMMODATE MORE CHILDREN. BOOKINGS ARE FIRST COME, FIRST SERVED, AND ONLINE PAYMENT ONLY.

BOOKING LINK: [HTTPS://BOOKWHEN.COM/ECOCOACH](https://bookwhen.com/ecocoach)

WE'RE LOOKING FORWARD TO A FANTASTIC TERM OF SPORTS, TEAMWORK, AND FUN! HURRY AND SECURE YOUR SPOT NOW! FOR ANY INQUIRIES, PLEASE CONTACT [GREENTEAM@ECO-COACH.CO.UK](mailto:greenteam@eco-coach.co.uk)



FSM DISCOUNT BOOKING STEPS:
CONFIRM ELIGIBILITY: CONTACT YOUR SCHOOL TO CONFIRM YOUR CHILD'S FREE SCHOOL MEALS (FSM) STATUS.
GET DISCOUNT CODE: FORWARD THE CONFIRMATION TO [GREENTEAM@ECO-UKCOACH.CO.UK](mailto:greenteam@eco-ukcoach.co.uk) TO RECEIVE YOUR FSM CODE.
BOOK WITH DISCOUNT: USE THE FSM CODE AT CHECKOUT TO PAY £3.50

Attend Today, Achieve Tomorrow!



Well done to Silver Birches who lead at 99% this week, closely followed by Maples and Willows. Well done!!

Silver Birches: 99%

Maples: 97%

Willows: 97%

Bay: 97%

Elm: 97%

Cedars: 96%

Cherries: 95%

Apples: 94%

Ash: 93%

Oaks: 93%

Redwoods: 91%

Friends of Hawthorn - Upcoming Events

FRIENDS OF HAWTHORN

THURS 13TH FEB 2025

EYFS/KS1 3.30-4.30
KS2 4.45-5.45

SILENT DISCO

YOU ARE THE DJ!

TICKETS £3
Pay on MCAS

LIMITED NUMBER OF TICKETS, PLEASE BOOK AS SOON AS POSSIBLE

TO SUGGEST A SONG FOR THE PLAYLIST [CLICK HERE!](#)

MUSIC IS PLAYED THROUGH INDIVIDUAL HEADSETS. THERE WILL BE A QUIET ZONE WITH OTHER ACTIVITIES & GAMES AVAILABLE. DRINKS PROVIDED.
EYFS/KS1 CAN WEAR NON-UNIFORM TO SCHOOL AS THEY WILL GO STRAIGHT TO THE DISCO AT THE END OF THE SCHOOL DAY

10 Top Tips...Supporting Children to Develop Emotional Literacy

All The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly derived by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

SUPPORTING CHILDREN TO DEVELOP EMOTIONAL LITERACY

Emotional literacy refers to the ability to recognise, understand and express our feelings effectively. It plays a crucial role in strengthening a child's wellbeing by enhancing their relationships and resilience. However, emotional literacy is not necessarily an innate talent, and its development may present challenges. This guide gives parents and educators practical tips on supporting children to cultivate this essential skill.

- 1 NAME THE EMOTION**

Encourage children to identify and name their emotions. This helps them understand what they're feeling and why. Use simple language and relatable examples to make it easier for them to share their emotions. This builds a foundation for emotional understanding and open communication.
- 2 MODEL EMOTIONAL EXPRESSION**

Demonstrate healthy emotional expression by sharing your feelings visibly. When children see adults properly displaying how they're doing and what they're thinking, they learn to do the same. Discuss how you handle emotions in different circumstances, providing a real-life framework for young ones to follow.
- 3 MINDFULNESS ACTIVITIES**

Teach children mindfulness practices to help them stay present and manage their emotions during more challenging moments. Activities like deep breathing, meditation or yoga can reduce stress and enhance emotional regulation. Regular practice can improve focus and emotional stability, which can significantly help children both as they're growing up and throughout their adult life.
- 4 USE STORYTELLING**

Incorporate storytelling to help children understand emotions. Stories can offer relevant scenarios illustrating how the characters experience and manage their feelings. Discuss the emotions depicted in stories and ask children how they might feel in similar situations.
- 5 PRACTISE EMPATHY**

Teach children to consider others' views and emotions – and to explore why they might think or feel this way. Role-playing and discussing various scenarios can enhance their ability to empathise. Understanding others' emotions helps children to develop compassion and improve their social interactions.
- 6 ENCOURAGE JOURNALING**

Suggest keeping a journal to make note of thoughts and emotions, as writing can provide an outlet for self-reflection and emotional processing. Encourage children to write about their daily experiences and feelings, helping them gain insight into their emotional world. Do this alongside them, so they can see and experience how to do it effectively.
- 7 TEACH PROBLEM-SOLVING**

Do what you can to help children develop problem-solving skills to assist in managing emotional challenges. Discuss potential solutions to emotional conflicts and encourage them to think critically about what they (and others) can do to process their feelings in a healthy way. This empowers children to handle emotions positively and build resilience.
- 8 CREATE A SAFE SPACE**

Establish an environment where children feel safe to display their emotions without judgement. Encourage open exchanges and reassure them that all feelings are valid. This supportive atmosphere promotes trust and encourages children to express themselves with confidence.
- 9 USE VISUAL AIDS**

Take advantage of visual aids like emotion charts or mood meters to help children identify and express their feelings. Use these tools regularly in your interactions. They provide a visual representation of emotions, making it easier for children to communicate their emotional state.
- 10 CELEBRATE EMOTIONAL GROWTH**

Acknowledge and celebrate progress in emotional literacy, and praise children for expressing their emotions and handling them effectively. Positive reinforcement is a useful tool that will encourage continued growth and reinforce the importance of emotional literacy – encouraging young people to maintain the good habits and healthy behaviours that you've taught them.

Meet Our Expert
Adam Gillett is Associate Vice-Principal for Personal Development at Redlands Grammar School and works on a secondment one day a week for Minds Ahead, an organisation that supports schools in improving their mental health provision.

WakeUpWednesday
The National College

[@wake_up_weds](https://www.facebook.com/wake_up_weds) [/www.thenationalcollege](https://www.facebook.com/www.thenationalcollege) [@wake.up.wednesday](https://www.instagram.com/wake.up.wednesday) [@wake.up.weds](https://www.tiktok.com/@wake.up.weds)

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For information on talking with child about social media, please click on the following link which will take you to the Internet Matters website: [Internet Matters: Talking with your child about social media](#)

Internet Matters also offer The Family Digital Toolkit where parents can get personalised online safety advice based on a number of factors such as age, popular apps and platforms their children use, tackling online issues and more. [My Family's Digital Toolkit - tailored online safety advice | Internet Matters](#)

Community News & Events



**ST. MICHAEL
& ALL ANGELS**
GARFIELD STREET NN156BU



**SUNDAY
CLUB**

**1ST & 3RD SUNDAYS
AT 9AM -9.30AM***

CRAFTS & GAMES

*For families attending Sunday Services

2025 DATES

19TH JAN
2ND FEB
16TH FEB
2ND MARCH
16TH MARCH
6TH APRIL
20TH APRIL - (EASTER SUNDAY)
4TH MAY
18TH MAY
1ST JUNE
15TH JUNE - (FATHER'S DAY)
6TH JULY
20TH JULY

Please help this cause run by a small group of volunteers provide a support network to provide a warm space and to combat loneliness



Mondays 10am - Noon run by Mel

Tea's Up!

Company, Friendship, Fun, Crafts, Activities, Well Being, etc.

Come join us for refreshments, friendship, fun, crafts and well being support. Don't miss out!

St Michael's & All Angels
Garfield Street
Kettering
NN15 6BU

Cash or Card Donations Welcome

Also needed

Tea bags, coffee, biscuits, cake, Hot chocolate, long life milk, crafting supplies(wool, crochet needles, knitting needles, mindfulness colouring books/pens, jigsaws, recycled products(toilet rolls, kitchen rolls, plastic plates and bowls (picnic type) Eco friendly cleaning products(washing up liquid), tea towels
We also need to fundraise for a licence to play music and Films and tables that can be folded used indoor and out. All help or donations greatly appreciated.

It's back ...

REPAIR CAFE Kettering

WHERE?
The Church of St. Micheal
and All Angels
33 Garfield Street
Kettering, NN15 6BU

WHEN?
Saturday
February 8, 2025
10am – 1pm

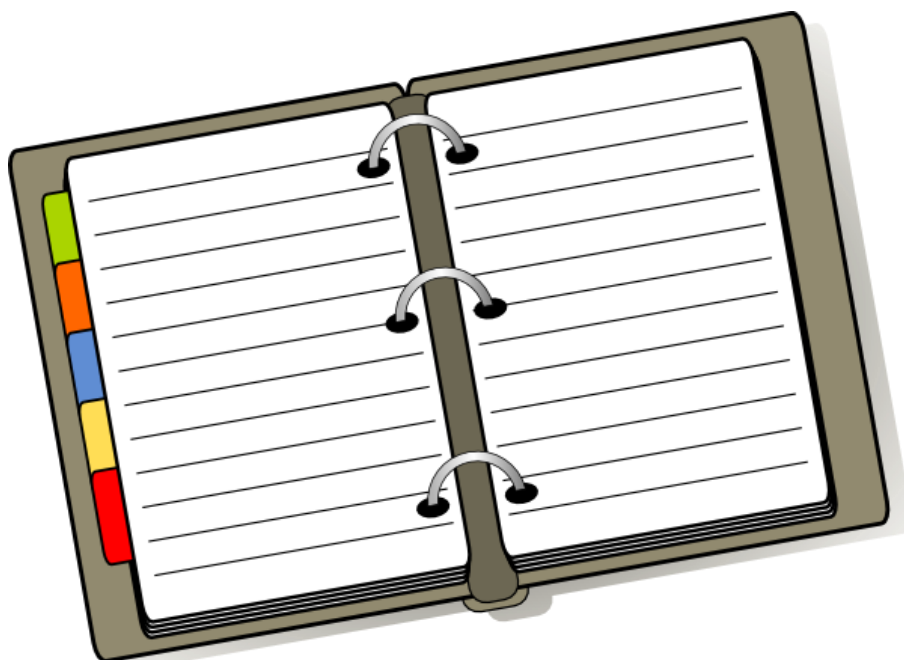
To book your time slot for a repair or to volunteer, contact:
repaircafekettering@gmail.com



Please follow the link below to the school website to find information on events happening in Kettering and surrounding areas:

[Hawthorn Primary - Community News and Events \(hawthornprimarykettering.co.uk\)](http://hawthornprimarykettering.co.uk)

Dates For Your Diary...



Thurs 6th Feb: KS1 trip to Sacrewell Farm

Coffee Afternoon: Storytime, Parents /Grandparents welcome (2pm)

Limited spaces available book via the link: <https://forms.office.com/e/OZuYvXGeTc>

Weds 12th Feb: 2.15pm - EYFS and KS1 Celebration Assembly (invites to follow)

KS1 Cake Sale

Thurs 13th Feb: 2.15pm - KS2 Celebration Assembly (invites to follow)

Silent Discos (organised by the Friends of Hawthorn) for KS1 and KS2

Break Up for half term

Fri 14th Feb: Training Day

Mon 24th Feb: Back to school

Thurs 27th Feb: Coffee Afternoon: Stories with Grandparents (2pm)

Thurs 6th Mar: World Book Day

Coffee Afternoon: Maths with your children/grandchildren (2pm)

Mon 10th Mar - Weds 12th Mar: Y4 Residential at the Frontier Centre, Irthlingborough

Mon 17th - Fri 21st Mar: Book Fair in school

Fri 21st Mar: Tempest Class Photos

Tues 25th Mar: Parents Evening (3.30-6.30pm)

Thurs 27th Mar: Parents Evening (3.30-6.30pm)

Fri 28th Mar: Y5/6 Sponsored Bounce

Mon 31st Mar: KS1 Easter Egg Hunt

Thurs 3rd Apr: Coffee Afternoon: Easter Crafts

Fri 4th Apr: Break Up for Easter
