



10.10.25

	Hawthorn Community Primary School <i>The Hawthorn Herald</i>	
Website: hawthornprimarykettering.co.uk		
Head Teacher: Emma Jacox Email: head@hawthorn.pfschools.org.uk		Tel: 01536 512204 @hawthornpri

Dear Parents and Carers,

Toast & Tales

Toast & Tales will take place next week on Tuesday (14th) for EYFS. Please come along at 8.20am to share some breakfast and a book with your child. We look forward to seeing the parents who have signed up for this event which takes place at 8.20am in the hall for breakfast and a book.

Celebration Assemblies

We will be holding our celebration assemblies on Thursday and Friday of next week to celebrate our first value of the year: Community. The teachers have chosen our Hawthorn Heroes for this value - they are children who have gone above and beyond this term in demonstrating our value of Community. If your child has been chosen, you will have received an invitation to the assembly followed by a celebratory afternoon tea afterwards. If you have not yet confirmed your attendance please do so today.

Hawthorn Choir

The Hawthorn Choir will be running again after half term for children in Years 2-6. There will be 6 spaces available per year group. The choir will run during Term 2, Term 4 and Term 6 on

Monday afternoons, 3:30 – 4:15pm and will begin on Monday 11th November. As part of the choir, children will have the opportunity to learn songs new and old and practice these to perform at school events and in the local community. The choir will also be holding an event in the spring term, where parents will be welcomed to see the choir perform. There will be a one time charge of £5 for the club to enable us to purchase songs and resources for our performances. Bookings are currently live on MCAS.

Parents Evenings

It was lovely to see so many parents at our first parents evenings of the year this week. Thank you so much for attending and supporting your child. And a big thank you to our wonderful ambassadors who greeted everyone so politely! If you were unable to come to parents evening, please contact your child's class teacher and arrange a time to meet with them. It's important that you know how your child has settled into their new class and how they are doing in school. We will be arranging a new parents evening for Silver Birches after the holiday as it had to be cancelled - Silver Birches parents will be sent a letter in due course.

Harvest Hampers

This week, our children delivered some harvest hampers out to neighbours in our school community, nominated by you. Our neighbours were delighted with the hampers and enjoyed chatting to the children who delivered them. For some, it was the highlight of their week. Thank you all again for your generous donations, which enabled our children to experience the joy of giving.

World Mental Health Day

Today is World Mental Health Day and our children have spent the day learning about the benefits of positive mental health. Thank you to everyone who wore yellow for this event and made donations. Thank you to all of the parents who turned up for our WMHD Crafts. It was lovely to see the children enjoying making crafts with you.

*Our next Coffee afternoon will be on **Wednesday 19th Nov** at 2pm. This will be a parent drop-in with the school nurse in attendance, run by Miss Larkin. The link to book on this event will be sent out nearer the time.*

School Photos

Yesterday, Tempest Photography were in school to take individual and sibling photographs. Next week you should receive a link to order your photographs online. There is no obligation for you to buy a photograph.

Have a lovely weekend.


Best wishes

Emma Jacox

Head Teacher

Friends of Hawthorn - AGM

*Thursday 16th October | 7pm | Kino (hopefully upstairs)**

Please join us in a couple of weeks for our Annual Meeting. We will be talking about events for the year, electing our committee for 2025/26 and having a relaxed catch up. It's a lovely way to meet other parents and volunteer to support the school 

There is absolutely no obligation to take on a committee role, but if you would consider this at any point, please come along to find out more. A few of our long-standing volunteers are coming to the end of their child's time at Hawthorn which means we desperately need some new faces and volunteers. We can potentially organise shared roles or shadowing. None of the roles (even the Chair!) needs to be a big time commitment and the more of us there are the better!

Hawthorn would not be the same without our events & fundraising efforts 

To register your attendance or if you have any questions, please email me on friendsofhawthornkettering@gmail.com. I am very happy to chat!

~ FoH Chair: Polly Shackleton

Sports Clubs

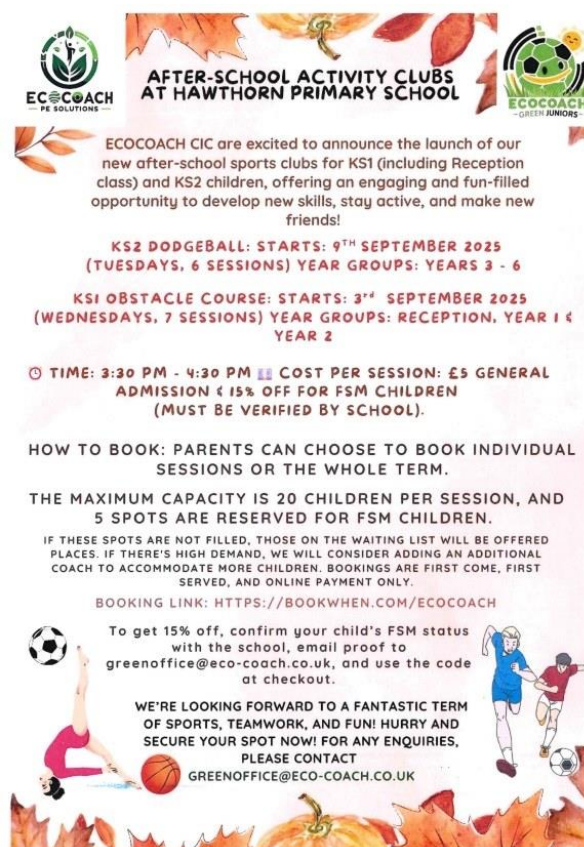
Clubs running this term include:

· *KS2 Dodgeball Club: Tuesdays, 3:30 PM – 4:30 PM.*

· *Reception & KS1 Obstacle Course: Wednesdays, 3:30 PM – 4:30 PM.*

If you would like your child to be part of these clubs, you can book a place directly on [EcoCoach Booking](#). Spaces are available at £5 per session, 15% off for children eligible for Pupil Premium.

If your child is eligible for Free School Meals, please forward confirmation to greenoffice@eco-coach.co.uk and use the code at check-out.



ECOCOACH PE SOLUTIONS

AFTER-SCHOOL ACTIVITY CLUBS AT HAWTHORN PRIMARY SCHOOL

ECOCOACH - GREEN JUNIORS

ECOCOACH CIC are excited to announce the launch of our new after-school sports clubs for KS1 (including Reception class) and KS2 children, offering an engaging and fun-filled opportunity to develop new skills, stay active, and make new friends!

KS2 DODGEBALL: STARTS: 9TH SEPTEMBER 2025 (TUESDAYS, 6 SESSIONS) YEAR GROUPS: YEARS 3 - 6

KS1 OBSTACLE COURSE: STARTS: 3RD SEPTEMBER 2025 (WEDNESDAYS, 7 SESSIONS) YEAR GROUPS: RECEPTION, YEAR 1 & YEAR 2

⌚ TIME: 3:30 PM - 4:30 PM **💷 COST PER SESSION: £5 GENERAL ADMISSION & 15% OFF FOR FSM CHILDREN (MUST BE VERIFIED BY SCHOOL).**

HOW TO BOOK: PARENTS CAN CHOOSE TO BOOK INDIVIDUAL SESSIONS OR THE WHOLE TERM.

THE MAXIMUM CAPACITY IS 20 CHILDREN PER SESSION, AND 5 SPOTS ARE RESERVED FOR FSM CHILDREN.

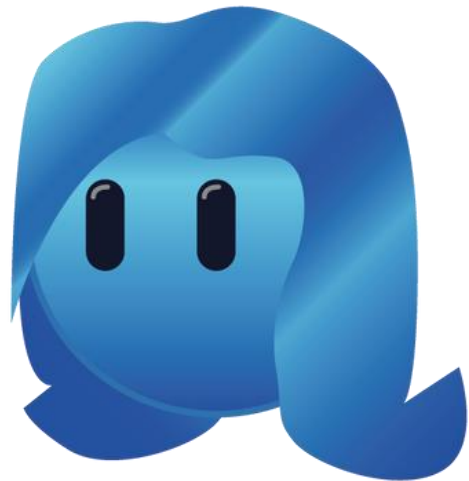
IF THESE SPOTS ARE NOT FILLED, THOSE ON THE WAITING LIST WILL BE OFFERED PLACES. IF THERE'S HIGH DEMAND, WE WILL CONSIDER ADDING AN ADDITIONAL COACH TO ACCOMMODATE MORE CHILDREN. BOOKINGS ARE FIRST COME, FIRST SERVED, AND ONLINE PAYMENT ONLY.

BOOKING LINK: [HTTPS://BOOKWHEN.COM/ECOCOACH](https://bookwhen.com/ecocoach)

To get 15% off, confirm your child's FSM status with the school, email proof to greenoffice@eco-coach.co.uk, and use the code at checkout.

WE'RE LOOKING FORWARD TO A FANTASTIC TERM OF SPORTS, TEAMWORK, AND FUN! HURRY AND SECURE YOUR SPOT NOW! FOR ANY ENQUIRIES, PLEASE CONTACT GREENOFFICE@ECO-COACH.CO.UK

House Points so far...



Click on the cards below to see which house is in the lead so far!!

Air - 226 points

Earth - 229 points

Fire - 237 points

Water - 275 points

Cherries: 91%

Maples: 90%

Cedars: 89%

10 Top Tips for...Dealing with Trauma

At the National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdown, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

- 1 A PREDICTABLE ENVIRONMENT**
Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.
- 2 USE LANGUAGE THAT MATCHES THEIR AGE**
Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overreacting, showing too much information or fear, or giving hurried explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.
- 3 TRAUMA AND THE BODY**
Children rarely realise that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or physical aches and pains. Consider this when talking to children about 'upset' or 'fear'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one size' children respond.
- 4 AVOID RETELLING OR RELIVING TRAUMA**
Children sometimes get asked to explain or repeat their experience multiple times. Finding a balance of when to listen and when to gently redirect can help to avoid unnecessarily re-traumatizing. Acknowledge, but don't dwell on details unless safeguarding procedures require it.
- 5 AVOID DISMISSING OR MINIMISING FEELINGS**
Sometimes well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.
- 6 UNDERSTAND HOW THEY'RE FEELING**
Many children don't have the words to express their emotions, especially during distress. Encouraging them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help articulate feelings in a safe, manageable way.
- 7 BE AWARE OF YOUR OWN RESPONSES**
Children pick up on adult emotions and reactions, often mirroring them. Staying calm even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourage children to do the same.
- 8 SEEK PROFESSIONAL SUPPORT**
While many children benefit from everyday emotional support, some will need more specialist help. If symptoms persist, worsen, or affect their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.
- 9 MAINTAIN CONNECTION**
Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.
- 10 BE PATIENT – HEALING TAKES TIME**
There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert
This guide has been written by Anna Bazerman. Anna is passionate about giving practitioners at the front of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.

Wake Up Wednesday The National College

[@wake_up_weds](https://www.instagram.com/wake_up_weds) [www.thenationalcollege](https://www.facebook.com/www.thenationalcollege) [@wake.up.wednesday](https://www.instagram.com/wake.up.wednesday) [@wake.up.weds](https://www.instagram.com/wake.up.weds)

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For information on talking with child about social media, please click on the following link which will take you to the Internet Matters website: [Internet Matters: Talking with your child about social media](#)

Community News & Events

Please follow the link below to the school website to find information on events happening in Kettering and surrounding areas:

[Hawthorn Primary - Community News and Events \(hawthornprimarykettering.co.uk\)](http://hawthornprimary-kettering.co.uk)



A Message from Wicksteed Park...

There's lots to do at Wicksteed Park this October!

We are open for October Weekends on the 11th, 12th, 18th, and 19th of October, and for Halloween half-term daily from the 25th of October to the 2nd of November 2025. Come along from 10:30am to 4pm each day for frightfully good fun the whole family will enjoy!

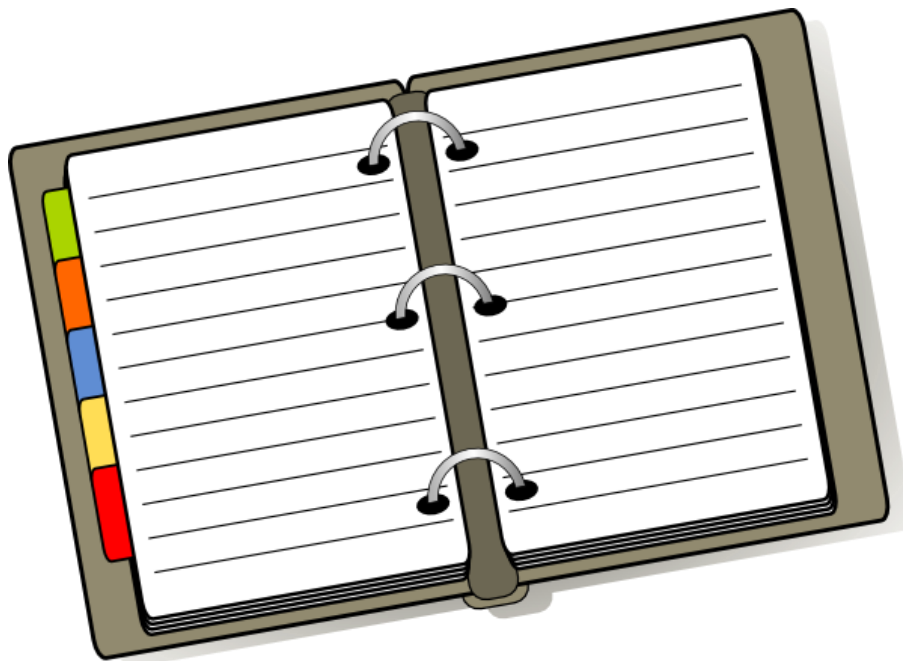
Halloween Haunt is returning to Wicksteed Park for October weekends and half-term with Halloween House creating a hauntingly exciting Chapter 2! There will be two fantastic family

friendly spooky walkthroughs to explore with brand new elements that will possess you with Halloween spirit.

**Attractions open are Halloween Haunt Chapter 2, Astroslide, Treetop Walk, Rockin' Tug, Clown Coaster, Meerkat Manor, Wicky's Farmyard, Pig 'N' Putt, Roundabout, Cups and Saucers, Lighthouse, Carousel, Sway Rider, and Wicksteed Park Railway.*

Book online today! <https://wicksteedpark.org/events/halloween-half-term-and-weekends/>

Dates For Your Diary...



Tue 14th Oct: Toast & Tales (EYFS)

New Reception Intake 2026 Tour (4pm)

Thurs 16th Oct: Wonderdome in for UKS2

KS2 Celebration Assembly - invite only (2.15pm)

Y6 Cake Sale (3.10pm)

New Reception Intake 2026 Tour (4pm)

Fri 17th Oct: KS1 & EYFS Celebration Assembly - invite only (2.15pm)

Break Up

*******HALF TERM*******

Mon 3rd Nov: Back to School

Weds 19th Nov: Coffee Afternoon with Miss Larkin and School Nurse (2pm)

Fri 28th Nov: MHST Coffee Afternoon for parents - Talking to your child about mental health

Y5 Cake Sale

Tues 2nd Dec: KS1 & EYFS Celebration Assembly - invite only (2.15pm)

Thurs 4th Dec: KS2 Celebration Assembly - invite only (2.15pm)

Thurs 18th Dec: Kingswood Christmas Lunch

Fri 19th Dec: Carols Around the Tree

Break Up

**Dates for Christmas events to be confirmed*



ANCHORED SCHOOLS



GOLD AWARD